

This bachelor thesis deals with the theme of the environment and health in surroundings of Dobříš. It means how the young people spend their leisure time, whether they live a healthy lifestyle and last but not least, how the environmental education is integrated into the teaching process at the primary and secondary schools (gymnasium). This issue is treated in the matter of the centres of the ecological education usage and also centres of the leisure time activities and the follow-up cooperation with them. In the next part of the thesis, there is a survey that finds out how the generations (youth, their parents and grandparents) spend their leisure time and whether they live the healthy lifestyle. Another part of the survey goes in for efficiency of the environmental education integration into education and the follow-up cooperation with pupils. A booklet is made further to the survey. There is an offer of the institutions, associations and centres in surroundings of Dobříš and Příbram that are interesting in this issue, and can be visited as well. The main aim of the booklet is to inform teachers and schools and offer them the opportunity to avail these types of institutions during the lessons about the environment.